





Alken and Sint-Lambrechts-Herk. The monotonous poplar plantations gradually made way for more variation and space to restore natural values. The LIFE+ Vochtig Haspengouw project started in 2012. It was truly a blessing because thanks to the project, considerably more opportunities were created for flowerrich grasslands. Several farmers are now our allies to help manage these precious gems. Together with the alluvial

forests, pools and brushwood, they form a varied whole,

a source of LIFE+ in all its diversity.

'nature within walking distance' in the Mombeekvallei. After a few years, we became a branch of Natuurpunt and a nature reserve gradually grew in the border area between

About 25 years ago, I had the opportunity to work with the local association 'Natuur en Landschap Alken' to create

Alken

Voluntary manager Mombeekvallei

'Nature repairs itself'

Pierre Vandersmissen,

Forest with wet roots

colour palette. wood anemone that paint the landscape with their beautiful early fresh green, bright yellow, and white. It's wild garlic, oxlip, and peantiful flora: In spring, the forests are covered with a carpet of ladybird beetles. On the drier stopes, we find forests with a many fundi and are important for spiders, ground beetles, and have become very rare in Europe. Alluvial forests are home to that they are completely flooded in the winter. These wet forests to high water levels, such as alders and willows. It is important Alluvial forests are characterised by tree species that are resistant

planting new trees or spontaneous reforestation. into mixed deciduous forests and new forests were created by During the LIFE project, 25 hectares of forest were transformed

One water is not the other

·shajjon Janji largely responsible for the special natural values we find in the course. This water, often low in nutrients and rich in minerals, is fed by the flow of groundwater and seepage along their entire The rivers in Haspengouw are typical lowland streams that are

and many more will follow soon. projects, the results of which are already visible in some places, large-scale river restoration projects. These are long-term the border of our plots, we have also been actively involved in the acid rainwater were restored. Because water does not stop at ditches were filled in and small historical channels for draining In order to give the mineral-rich seepage a better chance, deep

project.

Furopean project

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Go exbrouiug

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uetwork, associations such as Naturrpunt can apply for a LIFE+

create the Natura 2000 network. In order to help strengthen this

Sones, the so-called Habitats and Birds Directives, which together

order to do this, every Member State has designated protected

the protection of threatened European habitats and species. In

Programme. LIFE+ is an environmental financial instrument for

natuurpunt.be/life-vochtig-haspengouw or in the Natuurpunt

cape. Do you want to come for a visit and see for yourself? The

activities will acquaint you with Haspengouw's natural lands-

and a viewing wall was built in Munsterbos for people to admire

placed throughout the landscape to give visitors a place to rest,

have also been improved and extended in recent years. Board-

walks and bridges were built in the wettest places. Benches were

Ιη οτάει for everyone to enjoy the beautiful παίωτe, the hiking trails

were restored, so that heath and heather will soon give Munster-

'Children like to

work in nature'

Linda Machiels and Marleen

Buckinx, 6th-grade teachers at

Every year, we cooperate with Natuurpunt's Educational

Nature Management project. First, someone comes to the

classroom to talk about Munsterbos, the nature, and the

usefulness of nature conservation. After that, we go work

half a day on site. We clean up cuttings, saw branches off,

and remove them. At the end of the school year, we look at

the results. For example, we worked on a butterfly area this

year. It is very nice for the children to see that all this hard

looking forward to the 'lessons'; it has become an integral

labour, but now they're very enthusiastic. They're happy to

work was not in vain. The children are also very much

part of our programme. They used to say it was child

SBS De Bloesem

be able to work in the woods

nature reserves in the LIFE+ project are accessible using the

the birds and beavers on the ponds. Numerous walks and

footpaths. Walking brochures with a map can be found on www.

financially supported by the European Commission's LIFE+

The environmental restoration project in Haspengouw was

Transition to the Campine region

During the LIFE+ project, 3 hectares of this heathland uegetation sive afforestation, these relics are in danger of disappearing. the remains of a once extensive heathland. As a result of progresunderstory. In addition to valuable forests, this area also contains and alder buckthorn are given light and space to form a diverse rorest. Now, native species such as silver birch, European rowan, understory, such as black cherry trees, of over 35 hectares of the LIFE+ project combated the invasive, exotic plant species in the oak woods in which the stately common oak tree dominates. The Haspengouw. A large part of Munsterbos consists of old, light-rich Munsterbos is located at the transition from the Campine region to





'We want to make this part of the Demer valley living again'

Munsterbos and Demervallei

The Demer has carved its way through the landscape, 2 metres below ground level with steep banks that drain the meadows, since the 1960s. We want to turn the part of the Demer between Bilzen and Diepenbeek into a living river again that can meander again through the landscape. Thanks to the LIFE+ project, we have already been able purchase 20 hectares of nature in the valley. You can still see the old meanders on some of those plots. Together with the water manager, we want to restore the river. Of course, this takes time, but fortunately nature has plenty of that. This is how the typical valleys of meadows and alluvial forests from my youth will return.

Ward Cielen, Voluntary manager



TROGAR 2'NAMYAJ

LIFE+ Vochtig Haspengouw (LIFE11 NAT/BE/001068)

Coordinating Deneficiary: Natuurpunt ground- and seepage water dependent habitats

Project title: Vochtig Haspengouw - Large-scale restoration of a complex of





Co-financied by the LIFE+ programme, the EU's funding instrument for the

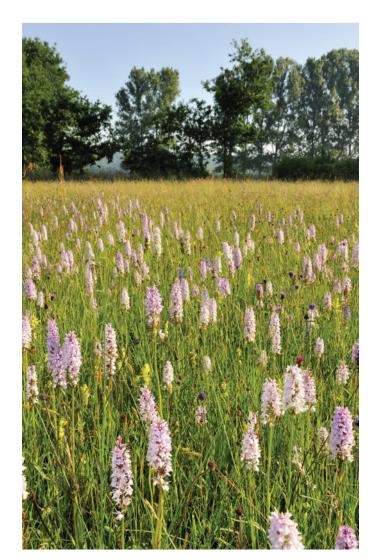


Plants have always charmed me. But when I moved to Diepenbeek years ago and became a volunteer at Natuurpunt, I ended up in a real plant paradise. It's a pleasure to work in the Dorpsbemden: purple moor-grass meadows as you hardly find them in Europe anymore, with small scorzonera, whorled caraway, and lots of other rare plant species. The butterflies flutter all around you here. Each and every one of them is proof that we're doing a good job. The LIFE+ project created even more space for flower-rich meadows. They are mowed once a year; fortunately, we don't have to do it all ourselves. Several farmers are helping us to manage the beautiful nature.

Jos Paulussen, Voluntary manager at Natuurpunt

Diepenbeek





LIFE+ VOCHTIG HASPENGOUW Natural valleys



Smag naard

flowers. During the 'Vochtig Haspengouw' project, of flower-rich meadows and forests with spring tocused on the restoration and conservation years now, Natuurpunt has successfully natural pearls across the region. For many orchards and fields. We can still find these meadows, bushes, traditional nseq to be a mosaic of hay region of south-east Limburg The landscape in the loamy

rome and visit it yourself! this remarkable nature. But don't just take our word for it. LIFE+ Programme. This brochure will introduce you to aud significantly extended with support from the European many special grassland and forest habitats were restored

Spublesond

fomers thanks to years of small-scale management. Unfortunasurvive the winter. These grasslands were exceptionally rich in gouw for centuries. After all, hay ensured that more cattle could dominated the landscape in the river valleys in Vochtig Haspen-Looking at old maps you can notice how grasslands have



'Enter a **plant** paradise here'



completely disappeared. A biotope that had been managed by man for centuries almost abandoned and reclaimed by forests, or used for planting poplars. intensively as arable fields, and the wettest grasslands were century as the driest grasslands were used more and more tely, this landscape changed radically around the end of the 19th

mork in others in order to save the rare and vulnerable species mith large machines in some places and with a lot of manual stumps, chopping, mining, intensive mowing, etc. This was done resulted in a wide range of techniques: removing trees, milling restored to natural grasslands. The various starting situations abandoned grasslands, fields, and intensive grasslands were Poplar plantations, old grasslands with shrub and tree seedlings, The LIFE+ project restored more than 35 hectares of grassland.

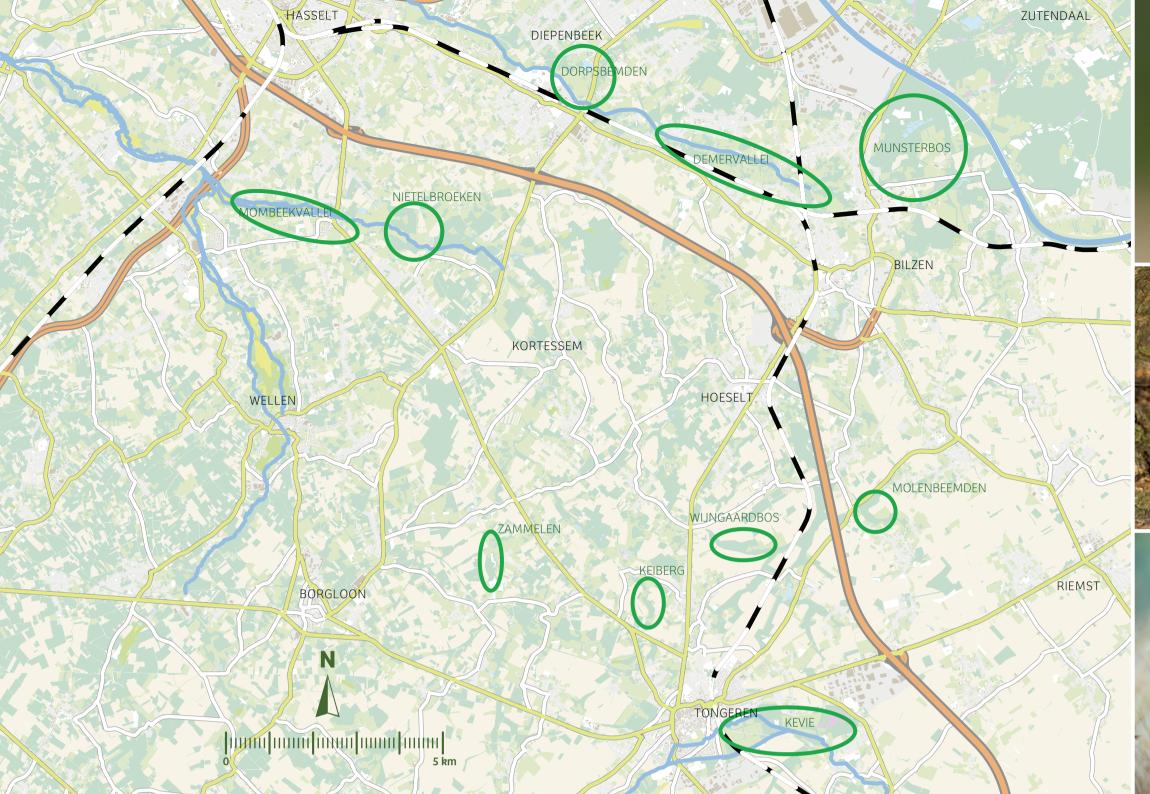
present there.

restored areas.

many places. ut punoze sznojoz Sulzds Sulysejds and Cuckooflower are already Marsh marigold, Ragged-Robin,

hita well in some recently And the rare species such as devil's-bit and orchids are already





GO EXPLORING

Walking trails in the LIFE+ nature reserves.

DORPSBEMDEN

Marc L'Hoyeswandeling (6,5 km) and Dorpsbemdenwandeling (red trail - 3 km) START: Parking local sports hall Demerstrand

KEVIE

Beemdenwandeling (2,6 km), Molenwandeling (5,3 km), Keviewandeling (8 km) and Jekerwandeling (6,7 km) START: Oude Blaarstraat, Tongeren

MOMBEEKVALLEI

Yellow trail (5km) **START:** Kapel Steenberg, Steenberg Sint-Lambrechts-Herk (Hasselt) Red trail (5km) **START:** Klinkstraat (nabij Oftingenstraat), Alken (with extra trail from Alken)

MOLENBEEMDEN

Kalverpad (9,1 km) START: 'Onder Ons' near the church of Grote Spouwen

MUNSTERBOS

Blue trail (5km) and Rode aardgaswandeling (8 km) START: Leroyeplein, Munsterbilzen (Bilzen)

NIETELBROEKEN

Verborgen moois Nietelbroeken (5,3km) START: Parking Herbroekstraat next to nr 37, Kortesem or Nietelbroekstraat, Diepenbeek

ZAMMELEN

Orange (6km) and red trail (6km) **START:** Church of Zammelen, Kortessem







Nature as a playground

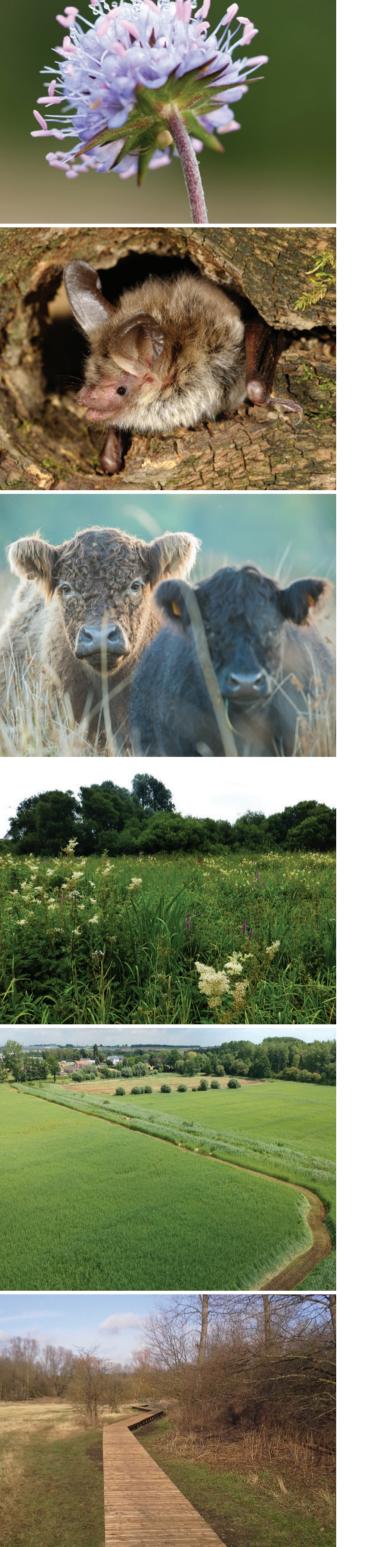
Diepenbeek was given its own play forest called 'Ganzebroek', and a natural play area in the valley will be set up soon in Zammelen, where children can enjoy themselves in nature.

Munsterbos

You can gaze out at the purple heather in the distance from the high benches next to the footpath. Who knows, you may even spot our summer grazers: ponies, sheep, or Galloway cattle. Or head behind the lookout wall or go up the lookout tower to spot a Eurasian hobby, kingfisher, or beaver on the hunt.

Dreams of the red-backed shrike

With its hooked beak, the red-backed shrike looks like a small bird of prey. And not unjustly because it flies to its prey from its lookout perch. These are usually large insects, but red-backed shrikes also catch mice, ligards, or small birds. When it catches something 'too big', it stores it temporarily by impaling it on the thorns of a bush or on barbed wire.



Dorpsbemden and Nietelbroeken

Purple moor-grass meadows are the pride of Diepenbeek: beautiful, flower-rich hay meadows with blue tones, consisting of various sedge species and flowers such as orchids and devil's-bit. For this reason, several hay meadows were restored within the LIFE+ project.

Nietelbroeken

In order to give the Bechstein's bat every opportunity, it was decided, within the LIFE+ project, to replace various red oaks in Nietelbroeken with native trees. They allow a lot more undergrowth that is needed for many insects, and therefore, are an ideal source of extra food for these rare bats.

Kevie and Munsterbos

By allowing a relatively small number of cattle to graze over a large area, a few scattered spots can be rewilded and reforested while others are kept short. This creates a mosaic landscape of flower-rich grasslands with scattered shrubs and groups of trees.

Mombeekvallei, Zammelen, and Demervallei

The valleys on the loamy soil of Haspengouw offer the ideal conditions for wet, species-rich brushwood. These are areas of flower-rich vegetation with species as meadowsweet and the lime-loving cabbage thistle. In summer, they are very floriferous and attract numerous pollinators.

Kevie

The Grootmeers is an old peat bog. Peat with calcareous seepage water provides a unique starting situation. Local people still told about the beauty of the flowers in the area in the past and the very rare Parnassus plant that bloomed here. The LIFE+ project reinstated the management of this formerly abandoned peat bog. In the meantime, marsh marigold, Cuckooflower, and Ragged-Robin colour the area in the spring and plant species come back locally, which indicates that we will be able to restore a valuable calcareous marsh here again.

Boardwalks

During the LIFE+ project, several new footpaths were constructed and boardwalks were placed in wet areas. Haspengouw valleys are often wet in winter because the groundwater is very high locally and the rivers can flood during heavy rainfall. Boardwalks ensure that you can continue to discover nature even in those periods. Boots or sturdy walking shoes are still recommended in wetter periods.